



McKenzie
INSTITUTE
U . S . A .

****MEDIA ADVISORY****

Jamie Leszczynski
315-471-1002
jamie@abcideabased.com

MDT Clinician to Speak at Nurse Practitioner Association's Annual Conference

SARATOGA SPRINGS, N.Y. – McKenzie Method® of Mechanical Diagnosis and Therapy® (MDT) clinician and advocate Joseph G. Maccio will present on the method at the Nurse Practitioner Association of New York State's [30th Annual Conference](#) Oct. 22-26.

The presentation by Maccio, MA, PT, Dip. MDT, includes a history of the McKenzie Method and patient signs that indicate they would make good candidates for neck and extremity treatment by an MDT practitioner.

A Troy, New York-based MDT provider, Maccio owns the only Certified McKenzie Clinic in the Capital District. He will make the case for the effectiveness of the McKenzie Method in his session, "Rapidly Reducible Neck and Extremity Pain."

Founded in 1980, the NPA is the only statewide association for nurse practitioners and offers services, advocacy, resources, education and networking opportunities. The organization's conference draws membership from across the state together for educational programs and presentations each year.

About The McKenzie Institute

Dedicated to ongoing education and research, The McKenzie Institute® is the center for postgraduate study in Mechanical Diagnosis and Therapy. The McKenzie Method® is a philosophy of active patient involvement and education for back, neck and extremity problems. The key distinction is its initial assessment component — a safe and reliable means to accurately reach a diagnosis and only then make the appropriate treatment plan. Rarely are expensive tests required, as Certified MDT clinicians have a valid indicator to know right away whether — and how — the method will work for each patient.

Become a member of the McKenzie Institute to receive course discounts, a subscription to The Journal of Manual & Manipulative Therapy (JMMT), the official publication of MIUSA members, discounts at conferences, product discounts, and much more.

For more information about The McKenzie Institute and its services, please contact Stacey Lyon at (315) 471-7612 or email slyon@mckenzieinstituteusa.org.

–END–