

## ABBREVIATIONS: MDT COMPREHENSION SELF-TEST - PART D

ANR	= Adherent Nerve Root
B	= Better
DECR	= Decrease
DP	= Directional preference
ERP	= End range pain
EXT	= Extension
FLEX	= Flexion
<b>HEP</b>	<b>= Home exercise program</b>
INCR	= Increase
LAT FLEX	= Lateral Flexion
L	= Left
MDT	= Mechanical diagnosis & therapy
MUR	= Mechanically unresponsive radiculopathy
MVA	= Motor vehicle accident
NE	= No Effect
NB	= No Better
NW	= No Worse
PDM	= Pain during movement
PROD	= Produced
PROT	= Protrusion
R	= Right
Rep	= Repeated
RET	= Retraction
RET + EXT	= Retraction and extension
ROM	= ROM
ROT	= Rotation
W	= Worse