

MDT Certification Continuing Education Standards (CCES)

The **objective** of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy™ MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the practitioner is committed to the maintenance and enhancement of knowledge and skills in MDT over time.

This policy does not nullify a practitioner's attainment of Credentialing or Diploma; it will only determine the individual's active status for patient referrals provided through the Institute's directory of certified MDT practitioners.

The **purpose** of this requirement is to ensure that individuals maintain clinical competency in the McKenzie Method® of Mechanical Diagnosis and Therapy® (MDT) after initial certification.

The **requirements of the** MDT Certification Continuing Education Standards (CCES) to continue full recognition in the Institute's Referral Directory active status for patient referrals is completion of only one (1) of the following Education opportunities every three years:

1. Attend MDT Advanced Human Extremities – Level D or higher
2. Attend MDT Clinical Skills Update (CSU) - Level D or higher
3. Attend a MDT Workshop (TW) – Level D or higher (eligibility varies depending on the course offered)
4. Attend MI Americas or International MDT conferences
5. Take and complete the online Case Manager Course
6. Audit (retake) any course: Part A, B, C, D or higher level course
7. Cert. MDT's: Assist for **entire** course on a Part A or B, to be pre-arranged with Branch office (see page 2 for more details)
8. Dip. MDT'S Assist for **entire** course on a Part A, B, C or D – to be pre-arranged with Branch (see page 2 for more details)
9. Present a paper / conduct a workshop at a McKenzie Institute branch, regional or international conference.
10. Organize an In-service / Introductory lecture on the McKenzie Method for physiotherapists or doctors (Must be CCES compliant, provide a minimum of 3 months advance written notification, specifying details of the event, verification required)
11. Participate in MDT research reviews (verification required)

Registration in the MII Diploma program waives these requirements for the time of the study.

It is the responsibility of each Credentialed therapist, to maintain a record of their activities and to provide evidence of these to the Branch at the time of their three year renewal.

It is the responsibility of all certified MDT practitioners to review their scope of practice and other applicable provincial laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

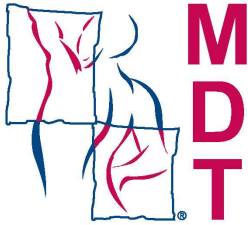
1. **MDT Advanced Human Extremities**



This advanced 2-day course draws upon the principles McKenzie has refined over decades to provide clinicians with this sensible approach for musculoskeletal conditions of the extremities. The same logical assessment process is used to determine mechanical causes of extremity pain or symptoms that can respond to an effective self-treatment regime. Eligibility Level D or higher. 14 contact hours

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2. MDT Clinical Skills Update



This advanced 2-day course is designed as a more intensive clinical reasoning and problem solving experience utilizing a high volume of patient demonstrations and case study analysis involving all regions of the spine as well as the extremities. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Two instructors provide a significantly greater opportunity for one-on-one tutelage.

An effort will be made to schedule these workshops regionally on a quarterly basis, except during a MI Americas region conference year. Eligibility Level D or higher.

3. MDT Workshop –



These advanced 1 or 2 day workshops has been designed to allow Level D or higher attendees (eligibility varies depending on the course offered), the opportunity to refine their technique skills and enhance their clinical reasoning capabilities, using a combination of role playing and case studies. These courses will include an open forum period that will encourage attendees to discuss real case issues and possible solutions. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Unlike other course, there may not be any patient demonstrations during this course. An effort will be made to schedule these workshops regionally on an annual basis, except during a MI Americas region conference year.

4. MI Americas or International MDT Conferences –

2017 – McKenzie International Conference – San Francisco, CA

Attend the conference. Please refer to our website for more details.

5. Take and complete, the online Case Manager Course

6. **Audit (retake) any course: Part A, B, C or D or Advanced Extremities** – If recent years the course manuals have all been revised to include the latest MDT related material. The extremities were introduced to Parts C and D in 2010 and that material has been recently revised and updated.
7. Cert. MDT's: Assist on a Part A or B – must be pre-arranged with Branch office at least 4 weeks prior to the course date. In order to obtain full CCES credit you must assist for at least 2 full days of the course. Cert. MDT must be active on the Provider Listing at the time of the course.
8. Dip. MDT'S: Assist on a Part A, B, C or D – must be pre-arranged with Branch office at least 4 weeks prior to the course date. In order to obtain full CCES credit you must assist for at least 3 full days of the course. Cert. MDT must be active on the Provider Listing at the time of the course.
9. Present a paper / conduct a workshop at a McKenzie Institute branch, regional or international conference. You will be required to submit your presentation to the branch office for review and approval.
10. Organize an In-service / Introductory lecture on the McKenzie method for physiotherapists or doctors. For this option to qualify, you will be required to give the MIC branch office advance notice of your lecture and submit a copy of your presentation for institute approval.

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11. Participate in MDT research reviews.

The institute regularly asks members to review articles and papers relating to MDT research. If you would like to participate in these reviews, please contact the branch office.